

April







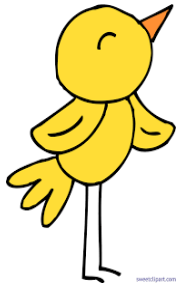
CAFÉ CONTACT INFO:

Katie Mowry
 Food Service Director
 GLC@nsfm.com

Choose 1 Entrée.
 Lunch Includes:
 Protein ~ Grain ~ Fruit ~ Veggie
 ~Milk
 Choose at least 3 out of 5
 components including a fruit or
 veggie. You may take 2 fruits & 2
 veggies.
 All salads come with a grain.

Cold Springs Elementary Lunch Menu

Gloucester City School District

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
				
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Chicken & Waffles Chicken Caesar Wrap SIDES: Sweet Potato Fries Fresh Fruit Cupped Fruit Choice of Milk	 Chicken Taco Salad Turkey and Cheese SIDES: Spanish Rice Fresh Fruit Cupped Fruit Choice of Milk	Hot Turkey & Cheese Sliders BBQ Chicken Wrap SIDES: Green Beans Fresh Fruit Cupped Fruit Choice of Milk	Macaroni & Cheese w/ Corn Bread Bologna & Cheese SIDES: Poppin' Peas Fresh Fruit Cupped Fruit Choice of Milk	Pizza Italian Hoagie  SIDES: Side Salad Fresh Fruit Cupped Fruit Choice of Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Texas Toast Grilled Cheese Chicken Caesar Wrap SIDES: Potato Smiles Fresh Fruit Cupped Fruit Choice of Milk	 Walking Beef Taco Turkey and Cheese SIDES: Cheesy Rice Fresh Fruit 100% Fruit Juice Choice of Milk	Chicken Pot Pie BBQ Chicken Wrap SIDES: Chick Pea Salad Fresh Fruit Cupped Fruit Choice of Milk	Texas Tommy Hot Dog On a Bun Bologna & Cheese SIDES: Tator Tots Fresh Fruit 100% Fruit Juice Choice of Milk	 Pizza Italian Hoagie SIDES: Side Salad Fresh Fruit Cupped Fruit Choice of Milk
Earth Day	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Fish Sticks w/ Rolls Chicken Caesar Wrap SIDES: Green Beans Fresh Fruit Cupped Fruit Choice of Milk	 Chicken Quesadilla Turkey and Cheese SIDES: Fiesta Corn Fresh Fruit 100% Fruit Juice Choice of Milk	Breakfast Bowl w/ Sausage Turkey and Cheese SIDES: Diced Potatoes Fresh Fruit Cupped Fruit Choice of Milk	Momma's Meatball Sub On Garlic Bread Bologna & Cheese SIDES: Broccoli Fresh Fruit 100% Fruit Juice Choice of Milk	 Pizza Italian Hoagie SIDES: Side Salad Fresh Fruit Cupped Fruit Choice of Milk
MONDAY 29	TUESDAY 30			
Chicken Nuggets w/ Smiles Chicken Caesar Wrap SIDES: Carrots Fresh Fruit Cupped Fruit Choice of Milk	 Hard Beef Tacos Turkey and Cheese SIDES: Black Beans Fresh Fruit 100% Fruit Juice Choice of Milk			